



Chemical Dependency-PSYC6341

Church and Community Ministries Division

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*The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill
the Great Commission and the Great Commandments through the local church and its ministries.*

Purpose of Course

The purpose of this course is to introduce students to basic neuroanatomy and neurophysiology, along with effects of various classes of substances on the brain. In addition, students will learn major etiological models of chemical dependency and corresponding treatment options. Students are encouraged to incorporate the broadest level of integration of physiological, psychological, and theological insights into the problem of chemical dependency. The chemically dependent family system is studied and family intervention programs are examined in light of Systems Theory.

Our Core Values

The seminary has five core values.

Doctrinal Integrity: Knowing that the Bible is the Word of God, we believe it, teach it, proclaim it, and submit to it. Our confessional commitments are outlined in the "Articles of Religious Belief" and the "Baptist Faith and Message 2000."

Spiritual Vitality: We are a worshiping community emphasizing both personal spirituality and gathering together as a Seminary family for the praise and adoration of God and instruction in His Word.

Mission Focus: We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries.

Characteristic Excellence: What we do, we do to the utmost of our abilities and resources as a testimony to the glory of our Lord and Savior Jesus Christ.

Servant Leadership: We follow the model of Jesus and exert leadership and influence through the nurture and encouragement of those around us.

The Core Value Focus for this academic year is *Mission Focus*.

Curriculum Competencies Addressed

NOBTS faculty members realize that all ministers need to develop specific competencies if they are going to have an effective ministry. To increase the likelihood of NOBTS graduates having an effective ministry, the faculty developed a competency-based curriculum after identifying seven essential competencies necessary for effective ministry. All graduates are expected to have at least a minimum level of competency in all of the following seven areas:

Biblical Exposition: To interpret and communicate the Bible accurately.

Christian Theological Heritage: To understand and interpret Christian theological heritage and Baptist polity for the church.

Disciple Making: To stimulate church health through mobilizing the church for missions, evangelism, discipleship, and church growth.

Interpersonal Skills: To perform pastoral care effectively, with skills in communication and conflict management.

Servant Leadership: To serve churches effectively through team ministry.

Spiritual and Character Formation: To provide moral leadership by modeling and mentoring Christian character and devotion.

Worship Leadership: To facilitate worship effectively.

The curriculum competencies addressed in this course are: *Biblical Exposition, Interpersonal Skills, Servant Leadership* and *Spiritual and Character Formation*.

Course Catalog Description

PSYC6341 Chemical Dependency (3 hours) Faculty

Students are introduced to basic neuroanatomy and neurophysiology, along with effects of various classes of substances on the brain. In addition, students will learn major etiological models of chemical dependency and corresponding treatment options. Students are encouraged to incorporate the broadest level of integration of physiological, psychological, and theological insights into the problem of chemical dependency. Family intervention programs are examined, and a family systems perspective is used. The chemically dependent family system is studied.

Student Learning Outcomes

Students will...

1. Develop an understanding of etiology of drug abuse and addiction including cultural, social, psychological, and biological factors.
2. Increase knowledge of basic neuroanatomy and neurophysiology, including the effects of various substances on the human brain.
3. Develop an understanding of the different classifications of drugs and their effects.
4. Develop an understanding of the spiral of addictive behavior and the disease concept of alcoholism and drug addiction.
5. Develop an understanding of the efficacy of self-help groups and the complementarity between such groups and traditional counseling or therapy treatment.
6. Discuss special issues associated with the treatment of chemical addictions, including client denial and resistance, family intervention techniques, and establishing church-based prevention programs.

Textbooks

Alcoholics Anonymous. (2004). *Twelve steps and twelve traditions*. New York: Alcoholics Anonymous World Services. 978-0916856014

Doweiko, H. E. (2014). *Concepts of chemical dependency, 9th ed.* Pacific Grove: Brooks/Cole. 978-0840033901

Johnson, Sharon L. (2003). *Therapist's Guide to Substance Abuse Intervention: Practical Resources for the Mental Health Professional*. Academic Press 978-0123875815

Course Requirements

Exams tend to be objective with some discussion.

Drug Education Resource

Students will work in small groups to create and present a poster/visual resource for educating high school and college age students concerning the physical-psychological-emotional effects of their assigned drug.

This resource will be introduced to the entire class during a 10-15 minute presentation near the end of the semester.

In addition to the presentation, each group or individual will prepare an outline as an additional aid for study.

In order to receive full credit, students must make their presentations interesting and/or interactive. In other words, everyone has a text...so provide information that supplements the text. Additional sources should be cited in APA format.

Drugs that can be the subject of presentations:

Alcohol	Marijuana	Cocaine
Crack Cocaine	Heroin	Household Inhalants
MDMA (Ecstasy)	Acid (LSD)	Prescription Pain Meds.
Methamphetamine	Steroids (Anabolic)	Rohypnol
Others subject to approval		

Community Interview

Class participants must complete a community interview with individuals whose work is impacted by substance abuse or chemical dependency. (You must turn in a business card of the person whom you are interviewing with your report). This is an independent project. Papers are to be 5-8 pages.

Possible Interview Subjects:

- Police Officer
- EMT
- Emergency Room Doctor/Nurse

Reflection Papers

You must write two (2) papers on movies seen or documentary literature on substance abuse and addictions. These papers provide you with an opportunity to discuss what impact the activity/movie etc. had on you, what you learned what you liked or

disliked. DO NOT merely summarize the information. Papers must be 1-2 pages.

Addiction Paper

This is a marvelous learning opportunity and highly recommended. Students are requested to identify an activity or substance that is used on a regular basis, preferably something that helps you cope with life. You are to establish a predetermined date to discontinue use and then refrain from this activity or substance for two weeks. During this period of time you will journal your experiences and then prepare a written report of your adventure. Papers will vary in length but should be approximately 2-5 pages. Your paper should reflect your reading of the AA Big Book. If you feel that you cannot respond with integrity to this assignment, an alternative will be provided.

12-Step Meetings

Students are required to attend two (2) 12-Step meetings of one's choosing. 12 Step meetings: (Adult Children of Alcoholics, AL-ANON, Cocaine Anonymous, Over-Eaters Anonymous, Gamblers Anonymous, Alcoholics Anonymous, Sex Anonymous, etc.). Attend only "open" meetings and do not "share" unless asked directly to do so. A typed reaction paper listing dates, lessons learned and reaction to meetings is due toward the end of the semester. Your reaction paper should reflect your reading of the AA Big Book. Find a local meeting at <http://www.aaneworleans.org/meeting-locator/>

Group Discussions

Each student will be assigned to a discussion group (6-10 students). Discussion groups will meet three (3) separate times during the semester. Discussions will be based on your readings in the AA Big Book. Students will be rated for participation by other group members.

Course Assignment Evaluation Percentages

Contribution of Assignments to Grade

Exams		
Mid-Term	15%	Mar. 22
Final	15%	See Graduate Catalog
Drug Education Resource	15%	April 26 or May 3
Community Interview	15%	May 3
Reflection Papers	10%	April 5
Addiction Paper	10%	April 5
12-Step Meetings	10%	May 3
Discussions	10%	

Course Policies

Reading Assignments

Students are responsible for completing all reading assignments.

Professor's Policy on Late Assignments

All work is due on the assigned date in the syllabus. The grade for late assignments will automatically be reduced by 4 points plus 4 additional points for each subsequent 48 hours until turned in.

Professor's Availability and Assignment Feedback

The student may contact the professor at any time using the email address provided in the course syllabus. The professor will make every effort to return answers to emailed questions within a 24-hour period of time. Assignments requiring grading will be returned to the student within a reasonable period of time. The student may also email the course grader with questions regarding grading.

Help for Writing Papers at "The Write Stuff"

This is the official NOBTS Writing Center online help site for writing academic papers and essays. <http://www.nobts.edu/writing/default.html> You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines.

Academic Honesty Policy

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Please be aware that plagiarism in certain cases may result in expulsion from the seminary. Refer to the NOBTS Student Handbook http://www.nobts.edu/_resources/pdf/studentervices/NOBTSHandbook.pdf where the definition, penalties and policies associated with plagiarism are clearly defined.

Classroom Parameters

Please arrive on time.

Turn off cell phones. Utilize laptops and other technology for class purposes only.

Respect the professor and other members of the class.

Maintain confidentiality when someone shares personal information.

Participate in class and group discussions.

Extra Credit

The policy for extra credit in this course will be discussed in class when necessary.

Blackboard and ITC Technical Support

Blackboard is the instructional platform used in this class. Please make sure that your contact information is accurate and up-to-date. If you need assistance accessing Blackboard, Selfserve, or other technical support, please contact the Information Technology Center (Hardin Student Center 290 or call **504.816.8180**). Here are other helpful links to ITC assistance.

- Selfserve@nobts.edu - Email for technical questions/support requests with the Selfserve.nobts.edu site (Access to online registration, financial account, online transcript, etc.)
- BlackboardHelpDesk@nobts.edu - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System NOBTS.Blackboard.com.
- ITCSupport@nobts.edu - Email for general technical questions/support requests.
- www.NOBTS.edu/itc/ - General NOBTS technical help information is provided on this website.
- For Student Assistance in using Blackboard, visit: [Student Bb Help](#)

Netiquette

Netiquette refers to appropriate online behavior in Blackboard or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

Academic Policies

Academic policies related to absences, grading scale, final examination schedules, and other topics can be found in the current online catalog: [New Orleans Baptist Theological Seminary Academic Catalog](#).

Web-based Course Reminder/Warning

Web-based courses are, by nature, a different kind of learning experience than courses taught in the traditional classroom. Because of this structure, this web-based course is more reading and writing intensive than traditional classroom courses. Rigorous study of the deep things of God can be a rewarding experience for anyone who participates in it, but it also calls for extra diligence and integrity in completing the work. This reality does not mean that a web-based course cannot be successful in equipping you, the student, for effective, God-honoring ministry. It simply means utilizing a different strategy. Internet courses allow room for independent learners to thrive—to work at a responsible pace, to

engage in student-led discussions, and to take ownership of the learning of course content. Note that your instructors are praying for your success.

Policy for Graduating Seniors

Graduating Seniors are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

Emergencies

In cases of emergency, such as hurricanes, disease outbreaks, or other disasters, go to the seminary website (www.nobts.edu) for information. The seminary administration will post information, such as the nature of the emergency, instructions for response, and evacuation and return dates. Please check Blackboard for information specific to this course. Because Blackboard is available, the course will continue even if the main campus is closed. Please consider registering for the seminary's priority text messaging service through SelfServe. This service is used only in emergencies, and will allow the seminary to deliver urgent information to you as needed.

Course Schedule

WEEK	Topics	Reading Assignment
1	Introduction/Sin vs. Disease Conceptualization	
2	Recreational Chemical Use/Abuse and Addiction Medical Model of Addiction	D. chap. 1-4, J. chap. 1
3	The Mind-Body Question/Pharmacology Alcohol Abuse and Addiction	D. chap. 5-8, J. chap. 2-4
4 Feb. 9	MARDI GRAS NO CLASS	D. chap. 9-12
5	Barbiturates and Benzodiazepines CNS Stimulants and Cocaine	D. chap. 13-16
6	Marijuana and Opiate Abuse and Addiction Hallucinogens and Inhalant Abuse and Addiction	D. chap. 17-19
7	Steroids, OTC Analgesics, and Nicotine <i>Discussion Group (AA Steps 1-4)</i> ^{Reading}	D. chap. 21-23
8	Special Populations/Dual-Diagnosis Abuse/Addiction in Children and Adolescents	D. chap. 26, J. chap 5
9 Mar. 14-18	SPRING BREAK NO CLASS	D. chap. 27, B. chap. 6
10	Evaluation and Treatment of Abuse/Addiction *Mid-Term Exam	
11	Intervention and the Treatment Process <i>Discussion Group (AA Steps 5-8)</i> ^{Reading}	
12	Treatment Process (cont.) Addiction and Family Relationships	D. chap. 24, 28, B. chap. 7
13	Chemically Dependent Families Assessment and T _x of Chem. Dependent Families	D. chap. 25
14	The Recovery Process Pharmacological Interventions/Infectious Diseases	D. chap. 30-33
15	Group Treatment and Self-Help Groups <i>Discussion Group (AA Steps 9-12)</i> ^{Reading}	D. chap. 34
16	Education Resource Presentations	
Final Exam	See Graduate Final Exam Schedule	

Selected Bibliography

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Arterburn, S. (1992). *Hand-me-down genes and second-hand emotions: Overcoming the genetic and environmental predispositions that control your life*. Nashville: Thomas Nelson.

Assessment and treatment of patients with coexisting mental illness and alcohol or other drug abuse (1995). Rockville, MD: U. S. Department of Health and Human Services, Public Health Service, Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment.

Beck, A. T., Wright, F. D., Newman, C. F., & Liese, B. S. (1993). *Cognitive therapy of substance abuse*. New York: Guilford.

Berman, L. & Siegal, M. (1992). *Behind the 8-ball: A guide for families of gamblers*. New York: Fireside/Parkside.

Booth, L. (1991). *When God becomes a drug: Breaking the chains of religious addiction and abuse*. New York: Putnam.

Brown, S. & Lewis, V. (1999). *The alcoholic family in recovery: A developmental model*. New York: Guilford.

Buelow, G. D., & Buelow, S. A. (1998). *Psychotherapy in chemical dependence treatment: A practical and integrative approach*. Pacific Grove: Brooks/Cole.

Carnes, P. (1989). *Contrary to love: Helping the sexual addict*. Center City, MN: Hazelden Foundation.

Carnes, P. (1991). *Don't call it love: Recovery from sexual addiction*. New York: Bantam.

Carnes, P. (1992). *Out of the shadows: Understanding sexual addiction, 2nd ed.* Center City, MN: Hazelden Foundation.

Carnes, P. (1993). *A gentle path through the Twelve Steps, rev. ed.* Center City, MN: Hazelden Foundation.

Coleman, S. & Hull-Mast, N. (1992). *Can't buy me love: Freedom from compulsive spending and money obsession*. Minneapolis: CompCare.

Comisky, A. (1988). *Pursuing sexual wholeness*. Santa Monica: Desert Stream.

Curtis, O. (1999). *Chemical Dependency: A Family Affair*. Pacific Grove: Brooks/Cole.

Doweiko, H. E. (2006). *Concepts of chemical dependency, 6th ed.* Pacific Grove: Brooks/Cole.

The dual disorders recovery book: A twelve step program for those of us with addiction and an emotional or psychiatric illness (1993). Center City, MN: Hazelden Foundation.

Eadington, W. R. & Cornelius, J. A., eds. (1993). *Gambling behavior and problem gambling*. Reno, NV: University of Nevada.

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Keller, R. (1993). *Twelve steps to a new day: An interactive recovery workbook for spiritual growth*. Nashville: Thomas Nelson.

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- Nakken, C. (1988). *The addictive personality*. San Francisco: Harper & Row.
- Oden, C. (1974). *Healing the hopeless*. Pecos, NM: Dove.
- Overeaters Anonymous* (1980). Torrance, CA: Overeaters Anonymous.
- Peele, S. (1989). *Diseasing of America: Addiction treatment out of control*. Boston: Houghton Mifflin.
- Sexaholics Anonymous* (1989). Simi Valley, CA: SA Literature.
- Sharing recovery through Gamblers Anonymous* (1984). Los Angeles: Gamblers Anonymous.
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Student Services

This is a partial list of NOBTS student services available to all students, no matter your delivery system or location. If you have questions or do not see what you need here, please refer to www.nobts.edu/student-services, email us at studentservices@nobts.edu, or call the Dean of Students office at 800-662-8701, ext. 3283. We are glad to assist you!

Need	Email	Phone	Web Page
Advising – Graduate Program	studentservices@nobts.edu	504.282.4455 x3312	www.nobts.edu/registrar/default.html#advising
Advising – Undergraduate Program	lcadminasst@nobts.edu	504.816.8590	www.nobts.edu/LeavellCollege
Church Minister Relations (for ministry jobs)	cmr@nobts.edu	504.282.4455 x3291	www.nobts.edu/CMR
Financial Aid	financialaid@nobts.edu	504.282.4455 x3348	www.nobts.edu/financialaid
PREP (help to avoid student debt)	Prepassistant1@nobts.edu	504.816.8091	www.nobts.edu/prep
Gatekeeper NOBTS news	pr@nobts.edu	504.816.8003	nobtsgatekeeper.wordpress.com
Information Technology Center	itcsupport@nobts.edu	504.816.8180	selfserve.nobts.edu
Help with Blackboard	blackboardhelpdesk@nobts.edu	504.816.8180	nobts.blackboard.com
Library	library@nobts.edu	504.816.8018	www.nobts.edu/Library
Online library resources	library@nobts.edu	504.816.8018	http://www.nobts.edu/research-links/default.html
Writing and Turabian style help	library@nobts.edu	504.816.8018	http://www.nobts.edu/writing/default.html
Guest Housing (Providence Guest House)	ph@nobts.edu	504.282.4455 x4455	www.provhouse.com
Student Counseling	lmccc@nobts.edu	504.816.8004	www.nobts.edu/student-services/counseling-services.html
Women's Programs	womensacademic@nobts.edu	504.282.4455 x3334	www.nobts.edu/women

For additional library resources in your state, check <http://www.nobts.edu/library/interlibrary-loan.html>

- GALILEO for Georgia students
- LALINC for Louisiana students
- Florida Virtual Library (<http://www.flelibrary.org/>) for Florida students
- Interact with us online at –



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